

The Bullying Situation: What to know!

Bullying happens a lot in middle school. Bullying is when a student with more power uses this power to hurt the victim through: taunting, fighting, tormenting or leaving another student out face-to-face or online. A **victim** is the person who is bullied. In a bullying situation, there is a victim, a bully and sometimes a bystander or upstander. The **bully** is the person who uses their power to hurt the victim. A **bystander** is someone who watches the bullying occur, while an **upstander** is someone who does their best to help the victim in a bullying situation. The victim or upstander should tell an **adult** if they are being bullied or see bullying happen.

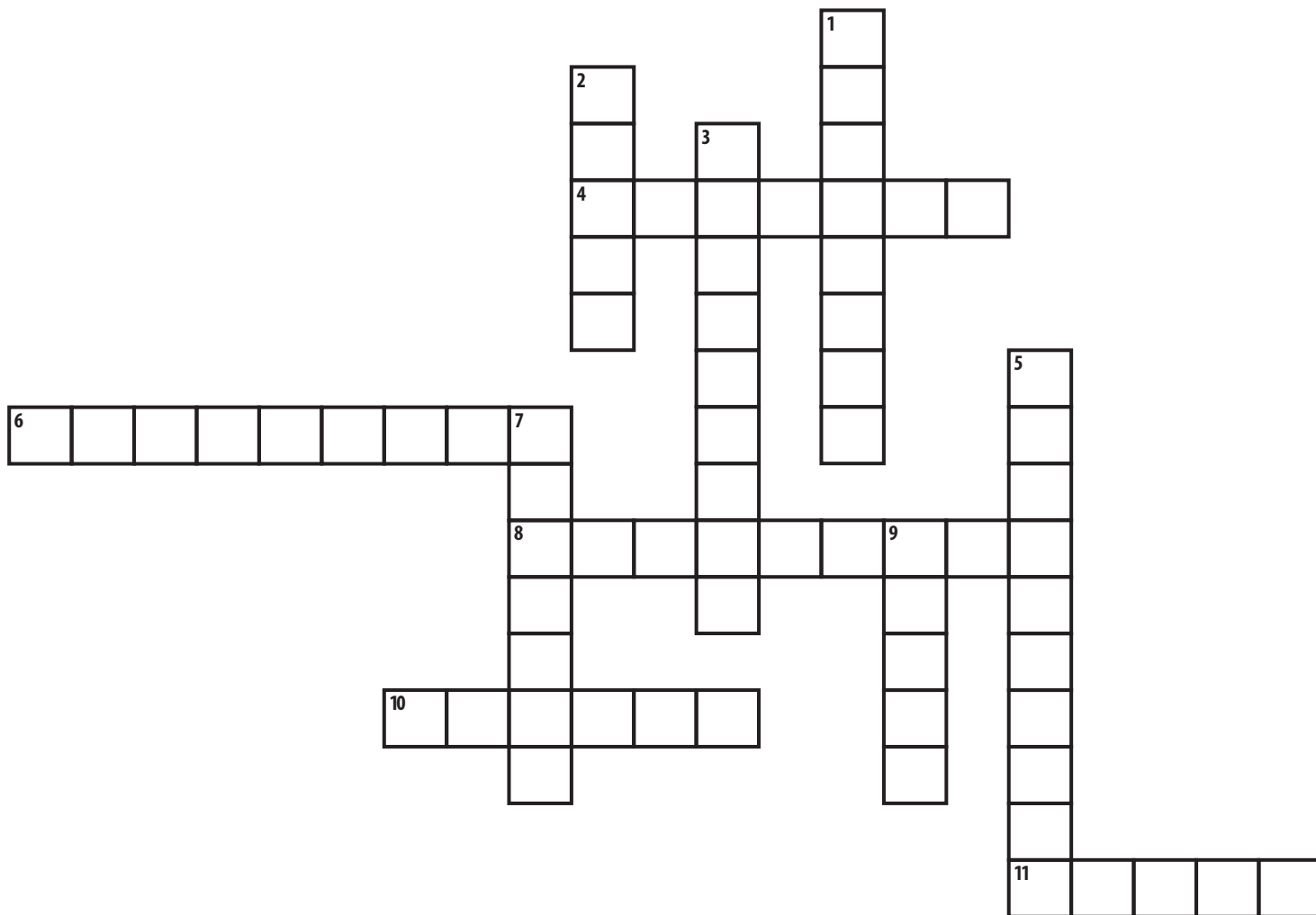
School should be a safe space for students. A **safe space** is a place where students can be free from bullying and harassment. Students should also feel peace at school. **Peace** is a feeling of safety and freedom from harassment and annoyance. If somebody has respectful and loyal friends, they might feel peace at school. **Respect** is an act of understanding and kindness to another person, and **loyalty** is sticking up for a friend and supporting them no matter what! A **friendship** is a friendly relationship between two people who enjoy being around each other.

***Directions:** Use the paragraphs and bolded words above to fill out the crossword puzzle on the other side.*



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Across

- 4. Sticking up for a friend and supporting them no matter what
- 6. Someone who watches bullying happen then does something to help the victim
- 8. A place where students can feel free from bullying and harassment
- 10. The person who is bullied
- 11. A feeling of safety and freedom from harassment and annoyance

Down

- 1. Using power to hurt another person through: taunting, fighting, tormenting or leaving out another person face-to-face or online
- 2. Person who often uses their power to hurt another student
- 3. Someone who watches bullying happen
- 5. A friendly relationship between two people who enjoy being around each other
- 7. An act of kindness, understanding and helpfulness to another person
- 9. The person you should tell if you are bullied